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# YOU CAN PREVENT CHILDHOOD OBESITY (PAPERBACK)



Practical Ideas from Pregnancy to Adolescence

A Legacy of Health for Our Children

Philip R. Nader, M.D. and  
Michelle Murphy Zive, M.S., R.D.

Phil Nader Publications, United States, 2010. Paperback. Book Condition: New. 2nd. 224 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Childhood Obesity has tripled from what it was thirty years ago. If nothing is done to reverse this trend, there is a real possibility that children today will have shorter life-expectancies than their parents. Today, our perception of normal has changed! We see overweight children as normal and healthy weight kids as too skinny....

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- Authored by Philip R Nader, Michelle Murphy Zive
- Released at 2010

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