



## Healing Colour for Health and Well Being: How to Harness the Power of Colour to Transform Your Mind, Body and Spirit

By Lilian Verner-Bonds

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Healing Colour for Health and Well Being: How to Harness the Power of Colour to Transform Your Mind, Body and Spirit, Lilian Verner-Bonds, how to harness the power of colour to transform your mind, body and spirit, with 150 photographs.

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