



Family Caregiving: A Step-By-Step Guide to Successful Caregiving

By Brett H. Lewis

iUniverse.com. Paperback. Book Condition: New. Paperback. 174 pages. Dimensions: 9.0in. x 5.9in. x 0.6in. Family Caregiving explores one of the most precious and fulfilling gifts of love that can be given to a family member or a friend-and also one of the most difficult tasks to undertake. The difficulty increases in magnitude because many family caregivers have no formal medical training other than basic first aid. In most cases, all of their medical knowledge has come from their own life experiences with personal illnesses, accidents, and medications. In Family Caregiving, author Brett Lewis shares his insights and the bounty of information that he learned acting as a family caregiver for both his father and his close friend. He explains that even though caregiving is stressful, being prepared and knowledgeable can reduce stress levels and better position a family member for caregiving success. A caregiver should have a thorough understanding of the patients personal and family medical history, current symptoms, and medical conditions. It is critical to learn how to interact effectively with medical personnel; to become familiar with hospital/rehabilitation center processes and protocols; and to learn about basic medical terminology, equipment, and procedures. By sharing candid, real-world experiences-including his mistakes-Lewis provides...



[DOWNLOAD PDF](#)



[READ ONLINE](#)

[7.66 MB]

Reviews

The most effective publication i ever read through. I could possibly comprehended almost everything using this composed e pdf. I am very easily could get a enjoyment of reading through a composed pdf.

-- **Opal Bauch V**

The ebook is straightforward in read better to fully grasp. I could possibly comprehended every little thing out of this composed e pdf. I found out this ebook from my dad and i suggested this pdf to find out.

-- **Prof. Lorine Grimes**